

BREAKFAST MENU

FILL YOUR PLATE

COLD COUNTER Smoked Irish Salmon 4, 11 Ham 10, 11 Gouda Cheese 7 Edam Cheese 7 Glenilen Natural Yoghurt Fruit Selection 7 Plain & Low Fat 7	FRESHLY MADE Croissants 1, 3 Scones 1, 3, 7 Sourdough Loaf 1 Brown bread 1, 3, 7, 8	CEREALS Rice Krispies 1, 8 Corn Flakes 1, 8 Weetabix 1, 8 Granola 1, 8	GLUTEN FREE Seeded Brown Bread Fruit Scones 3 Crossaints 3 Granola
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HOT BREAKFAST

Clonakilty Sausages 1, 3, 7, 10 Clonakilty Black & White Pudding 1, 3, 7, 8, 9 Bacon Maple Smoked Bacon	Heinz Baked Beans Butter Roast Button Mushrooms 7 Roast Tomatoes Home-Made Hashbrowns 7
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EGGS MADE TO ORDER

Fried 3 Omelette 3, 7 with selection of toppings	Poached 3 Scrambled 3, 7
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DRINKS

TEA & COFFEE Coffee Tea Selection of Breakfast & Herbal Teas	JUICES Orange Apple Cranberry	SELECTION OF MILKS Full Fat 7 Low Fast 7 Oat & Almond 1 & 8
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ALLERGENS	4 Fish	8 Nuts	Dioxide
1 Cereals	5 Peanuts	9 Celery	12 Lupin
2 Crustaceans	6 Soya Beans	10 Mustard	13 Molluscs
3 Eggs	7 Milk	11 Sulphur	14 Sesame Seeds

Please help yourself to our selection of Fresh Fruits & Jams.